

DID YOU
KNOW?

This menu has been proudly
awarded the Bronze School
Plate Award by ProVeg
International!

What we eat has a huge
impact on the world around
us. We've made small changes
to create a healthier, more
sustainable menu.

Eating less meat is one of the
biggest ways to help the
environment—and it can still
be super tasty!



FREE SCHOOL
MEALS

All pupils between reception and year 2
are entitled to a free nutritious
school lunch.

Everyone automatically gets Universal
Infant FREE school meals and can
benefit by over £480 per child per year.
If your child is in year 3 or above, find
out if they could still qualify for a
free school meal by contacting the
school office.



SPECIAL DIETS

If your child requires a special diet
for medical reasons,
please check out our website

www.edwardsandward.co.uk

for a full list of FAQs
and to complete our online form.



MENU

AUTUMN/WINTER

2025-26



edwards and ward
a recipe for success

WEEK ONE

MONDAY

Margherita Pizza with Jacket Wedges (V) **or**
Rainbow Pizza with Jacket Wedges (V)
Veg of the Day
Chocolate & Vanilla Swirl Cookie (Ve)

TUESDAY

Chicken Tikka Masala with Rice
or Classic Mac & Cheese (V)
Veg of the Day
Apple Cake (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy **or**
Loaded Yorkshire with Roasties (V)
Veg of the Day
Fruity Jelly (Ve)

THURSDAY

Homestyle Sausage Roll with Mash & Gravy
or Plantastic Balls with Mash & Gravy (Ve)
Veg of the Day
Flapjack (Ve)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips **or**
Crispy Garden Fingers with Chips (Ve)
Veg of the Day
Banoffee Crumble (Ve) with Custard (V)

1/9/25, 22/9/25, 13/10/25, 3/11/25, 24/11/25,
15/12/25, 5/1/26, 26/1/26

WEEK TWO

Margherita Pizza with Jacket Wedges (V) **or**
Rainbow Pizza with Jacket Wedges (V)
Veg of the Day
Vanilla Snap (Ve)

Italian Sausage Pasta Bake
or Penne with Garden Bolognese (Ve)
Veg of the Day
Jaffa Cake Sponge (V)

Roast of the Day with Roasties & Gravy **or**
Toad in the Hole with Roasties & Gravy (V)
Veg of the Day
Fruity Jelly (Ve)

Cottage Pie
or Golden Topped Cottage Pie (Ve)
Veg of the Day
Flapjack (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Crispy Garden Fingers with Chips (Ve)
Veg of the Day
Banana Custard Ice Cream (V)

8/9/25, 29/9/25, 20/10/25, 10/11/25, 1/12/25,
22/12/25, 12/1/26, 2/2/26

WEEK THREE

Margherita Pizza with Jacket Wedges (V) **or**
Rainbow Pizza with Jacket Wedges (V)
Veg of the Day
Lemon Biscuit (Ve)

Sausage with Mash & Gravy
or Sausage with Mash & Gravy (Ve)
Veg of the Day
Oaty Apple & Rhubarb Crumble (Ve) with Custard (V)

Roast of the Day with Roasties & Gravy **or**
Butternut Squash Hot Pot with Roasties (Ve)
Veg of the Day
Fruity Jelly (Ve)

Penne with Beef Bolognese
or Sweet Potato Korma with Rice (Ve)
Veg of the Day
Choco Krispie Bite (Ve)

Fish Fingers or Salmon Fish Fingers with Chips **or**
Crispy Garden Fingers with Chips (Ve)
Veg of the Day
Banana Cake (V)

15/9/25, 6/10/25, 27/10/25, 17/11/25, 8/12/25,
29/12/25, 19/1/26, 9/2/26

Classic Tomato Pasta (Ve), **Filled Jacket Potatoes** and **Sandwiches** (including V/Ve options)
are also available daily along with freshly baked bread, salad, fresh fruit, jelly (Ve), yoghurts (V) and fresh drinking water.



V - Vegetarian Ve - Vegan