



Long Term Plan – Physical Education 2020-2021



Springhill Academy						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec/Year 1	SIMPLE GAMES	PE THROUGH STORY TELLING	GYMNASTICS	DANCE	GAMES – Movement & Manipulation Skills with a range of equipment	ATHLETICS – Sports Day Practice
	GAMES – Fundamental Movements	GAMES – Manipulation Skills with a range of equipment	GAMES – Cooperative, generic sports skills & team games	GAMES – Cooperative, generic sports skills & team games	GAMES – Cooperative, generic sports skills & team games	ATHLETICS – Sports Day Practice
Year 1/ Year 2	SIMPLE GAMES	PE THROUGH STORY TELLING	GYMNASTICS	DANCE	GAMES – Movement & Manipulation Skills with a range of equipment	ATHLETICS – Sports Day Practice
	GAMES – Fundamental Movement	GAMES – Manipulation Skills with a range of equipment	GAMES – Cooperative, generic sports skills & team games	GAMES – Cooperative, generic sports skills & team games	GAMES – Cooperative, generic sports skills & team games	ATHLETICS – Sports Day Practice
Year 3	INVASION GAMES – Netball	INVASION GAMES – Netball	INVASION GAMES – Football	STRIKING GAMES – Cricket	NET GAMES – Table Tennis	ATHLETICS – Sports Day Practice
	GYMNASTICS	GYMNASTICS	DANCE	DANCE	ATHLETICS	ATHLETICS – Sports Day Practice

Year 4	INVASION GAMES – Hockey	INVASION GAMES – Tag Rugby	INVASION GAMES – Handball	STRIKING GAMES – Cricket	NET GAMES - Tennis	ATHLETICS – Sports Day Practice
	GYMNASTICS	GYMNASTICS	DANCE	DANCE	ATHLETICS	STRIKING GAMES – Rounder's
Year 5	GYMNASTICS	INVASION GAMES – Handball	INVASION GAMES – Hockey	STRIKING GAMES – Cricket	OUTDOOR & ADVENTUROUS GAMES Orienteering	ATHLETICS – Sports Day Practice
Year 6	INVASION GAMES – Handball	INVASION GAMES – Handball	INVASION GAMES – Tag Rugby	STRIKING GAMES – Cricket	NET GAMES - Volleyball	OUTDOOR & ADVENTUROUS GAMES Orienteering
	GYMNASTICS	GYMNASTICS	INVASION GAMES - Handball	GAMES – Cooperative, generic sports skills & team games	STRIKING GAMES – Rounder's	ATHLETICS – Sports Day Practice

The children will have two timetabled lessons of PE per week.

Progressive Sports – Green
Class Teacher – Yellow